





Tiverton Senior Center  
207 Canonicus Street  
Tiverton, RI 02878  
Telephone 401-625-6790 Fax 401-625-6793

## OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>WELCOME BACK TOPS!!!!</b>	<b>FLU CLINIC</b> Thursday Oct. 14th 9:30-11:30	<b>HALLOWEEN PARTY</b> OCT. 29th 12:30-3:30	Welcome Nancy Lambert to our Dining Staff. Keep Michele in your prayers, hoping for a quick & full recovery!	1 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
4 9:00 Functional Fitness w/Deb <b>9:00 TOPS</b> 9-3 Quilting for Charity 12:30 PITCH	5 9:00 CHAIR YOGA w/Shirley 9-11 Learn Mahjongg 11:30 Mahjongg 1:30 DRUMS ALIVE!	6 9:00 Functional Fitness w/Deb <b>NO CHORUS TODAY</b> 12:30 Cribbage	7 9:00 Balance Class with Jess <b>10:15 ART for Your MIND!!</b> 1:00 Knitting for Charity <b>1:00 BINGO!</b>	8 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
11 <b>CENTER CLOSED</b>  <b>COLUMBUS DAY</b>	12 9:00 CHAIR YOGA w/Shirley 11:30 Mahjongg 1:30 DRUMS ALIVE!	13 9:00 Functional Fitness w/Deb <b>12:30 CHORUS</b> 12:30 Cribbage	14 9:00 Balance Class with Jess <b>10:00 URI Pharmacy Program</b> <b>FLU CLINIC 9:30-11:30</b> <b>1:00 BINGO!</b> 1:00 Knitting for Charity	15 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
18 9:00 Functional Fitness w/Deb <b>9:00 TOPS</b> 9-3 Quilting for Charity 12:30 PITCH 2:30 Care Giver Support Group	19 9:00 CHAIR YOGA w/Shirley 11:30 Mahjongg 1:30 DRUMS ALIVE!	20 9:00 Functional Fitness w/Deb <b>12:30 CHORUS</b> 12:30 Cribbage	21 9:00 Balance Class with Jess <b>1:00 BINGO!</b> 1:00 Knitting for Charity	22 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
25 9:00 Functional Fitness w/Deb <b>9:00 TOPS</b> 9-3 Quilting for Charity <b>12:30 PITCH</b> <b>1-3 PAINTING CLASS</b>	26 9:00 CHAIR YOGA w/Shirley <b>10:15 BOOK CLUB</b> 11:30 Mahjongg 1:30 DRUMS ALIVE!	27 9:00 Functional Fitness w/Deb <b>12:30 CHORUS</b> 12:30 Cribbage <b>2:00 STORY TELLER</b>	28 9:00 Balance Class with Jess <b>10:00 CENTER MEETING</b> <b>1:00 BINGO!</b> 1:00 Knitting for Charity	29 9:00 Zumba w/Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg  <b>12:30-3:30</b> <b>HALLOWEEN PARTY!!!!</b>
<b>LUNCH served daily at 11:30</b>		<b>CARDS played daily</b>		<b>FRIENDS GATHER HERE!!!!</b>